

Competition Categories

Closed Syllabus Single Dance (Contested) – Proficiency (Non-Contested/Percentile Scored)

All Closed Syllabus events will be inviolated. Any competitor dancing out of category will be penalized or disqualified.

Syllabus figures as posted at www.ndca.org are accepted.

Competitors may dance in up to 5 consecutive levels and in 2 age categories.

Adults may “dance down” one age category and Youth may dance Adult A categories.

Open Single Dance Events

There are no syllabus restrictions imposed in Open categories.
Competitors may dance in 3 consecutive levels & 2 age divisions

Rising Star Single Dance Events

Competitors may enter a Rising Star Division if they have never won that level in that dance at the Grand Nationals. (Newcomer, Bronze & Silver)

Single Dance Events

Closed, Rising Star & Proficiency Events

Newcomer (Students with less than 1-year NDCA competition experience)

Preliminary, Intermediate & Full Bronze

Preliminary, Intermediate & Full Silver

Preliminary, Intermediate, Full Gold & Gold Advanced

Open Events

Pre-Bronze & Bronze Gold

Pre-Silver & Silver Gold Advanced

Single Dance Age Divisions

Adult Age Divisions

A 19 – 30

A-1 31 – 40

A-2 41 – 50

B-1 51 – 60

B-2 61 – 70

C-1 71 – 80

C-2 81 – 90

D 91 +

Junior and Pre-Teen

PT – I 9 or less

PT – II 10 - 11

JR - I 12 - 13

JR - II 14 - 15

YTH 16 – 18

Dances Offered

American Smooth: Waltz, Tango, Foxtrot, Viennese Waltz, Peabody


International Ballroom: Waltz, Tango, Viennese Waltz, Foxtrot, Quickstep

International Latin: Cha Cha, Samba, Rumba, Paso Doble, Jive

American Rhythm: Cha Cha, Rumba, Swing, Bolero, Mambo

Nightclub: Merengue, Samba, Paso Doble, Hustle, WC Swing, Salsa, Arg. Tango Bachata

Scholarship Events TOTAL VALUE -

\$52,000 Sponsored by 

Open Scholarship Events – Cash Prizes

Closed Scholarship – Dance America

Merchandise Vouchers

Solo Showdance & Formations

Exhibitions may be performed in any of the above listed categories including any Novelty or Cabaret routines.

The maximum time allowed is 3 minutes. There are no restrictions in this category.

Dance America Scholarship Voucher Awards

Adult Pro-Am Closed Scholarships & Senior Open 1st - \$250 2nd - \$150 3rd - \$100

Cash Scholarship Awards

(must enter a minimum of the same number of single dances per scholarship entered.)

Adult Pro-Am Open Scholarships, 10-Dance & 9-Dance 1st - \$350 2nd - \$200 3rd - \$100

Closed Multi-Dance & Open Championship Scholarship & Dancesport Series Qualifying Pro/Am Events

A – 19 – 35 B – 36 – 50 C – 51-60 SR1 61-70 SR2 71-75 SR3 76+ (SR is not a Dancesport Series Division)

PT-I (9 or less)

PT-II (10-11)

JR-I (12-13)

JR-II (14-15)

YTH (16-18)

Closed Bronze

Closed Silver

Closed Gold

Open Championships

Best of the Best

Best of the Best

Best of the Best

American Smooth

Waltz / Tango

Waltz / Tango / Foxtrot

Amer. Smooth – 4 Dance

Open Amer. Smooth – 4 Dance

American Rhythm

Cha Cha / Rumba

Cha Cha / Rumba / Swing

Cha Cha/Rumba/Swing/Mambo

Open Amer. Rhythm – 5 Dance

International Ballroom

Waltz / Tango

Waltz / Tango / Foxtrot

Waltz/Tango/Foxtrot/Q' Step

Open Inter. Ballroom – 5 Dance

International Latin

Cha Cha / Rumba

Cha Cha / Rumba / Jive

Cha Cha/Samba/Rumba/Jive

Open Inter. Latin – 5 Dance

Open 9-Dance & 10-Dance Scholarship Pro/Am Events – Men vs. Ladies, One Age

Open American Nine-Dance Scholarship

Open International Ten-Dance Scholarship

The Grand National Challenge Events - Open

Men vs. Ladies (complimentary entry with 20 single dance entries per category)

American Smooth – Waltz & Tango

American Rhythm – Cha Cha & Rumba

International Ballroom – Waltz & Tango

International Latin – Cha Cha & Rumba